

Appendix 7

Follow up questions for a Building Bridges Programme

A follow-up to a Building Bridges Programme might include a spoken conversation or a written questionnaire to find out how the participant feels about their situation, and whether or not this has changed. It might also be useful to use a follow-up conversation to find out if there are other services to whom you might be able to direct the participant. This requires a good understanding of the participant's situation, needs and wishes. It is equally important to understand the perspective of the facilitators and their role within the process.

SECTION 1 – Programme follow-up questions: how the participant feels after the programme (some of these questions might also be useful to present after individual sessions, if you feel it is appropriate).

- How do you feel now?
- How did you feel in the several sessions?
- Which sessions benefited you the most? Why?
- Did you have expectations / specific objectives / ideas before the participation in the programme?
- Have your expectations / specific objectives / ideas changed after participating in the programme? How?
- What do you think you learned from programme?
- What aspect do you consider the most valuable?
- How do you feel you will remember what you have learned?
- What do you do with what you have learned?
- How do you think you might deal with negative feelings coming up in the future?
- Are there any areas of the programme that you would like to go into more deeply?

IMPORTANT: As a facilitator, do you think there are any other support services that you could refer the participant to? Is there anything else that you can offer the participant?

SECTION 2 - Reflective questions for the facilitators to discuss amongst themselves and with their team

- What do you think of the organization of the programme?
- Were the facilities sufficient for you to achieve the objectives of the programme?
- How could the organization of the programme have been improved?
- What did you think of the construction of the Building Bridges Programme content?
- How did you feel about the timing and duration of the sessions?
- How did you feel about the content?
- What did you think of the materials that were provided?
- Which methods worked well? Which methods did not work so well?



- How would you describe the attitude of the participants?
- How well did participants actively participate in the programme?
- Could you have done anything better, or differently, to improve participant involvement?
- What did you think of yourself in the role of the programme facilitator?
- Did you encounter any specifically memorable things on the programme?
- What did you learn from this programme?
- Are there things for which you need further support or advice?



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