

Welcome!



Introduction to facilitating a Building Bridges programme

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Marcella Reni	-	Italy
Paola Montello	-	Italy
Esther Klaassen	-	The Netherlands

Outline of the workshop

1. Introduction – Gabriela
2. Facilitating BB, general principles – Esther
3. Experiences pilot programmes – Gabriela, Marcella, Paola
4. Questions from audience
5. Round up

Facilitating BB, general principles

- Personal
- Relational
- Professional
- Programme
- Environment

Personal

- Personality
- Qualities
- Facing the stories
- Attitude

Relational

- Facilitators as a team - Roles
Cooperation
Discussions
Tasks
- Facilitator and participants
- Before, during, inbetween and after
- Facilitating life stories
- Dialogue and confrontations

Professional

- Professional vs volunteer / community
- Training
- Responsibility

Programme

- Preparing the (5-8) sessions
- Preparing the materials
- Time management
- Appointments with facilities

Environment

- Create healing atmosphere
- Prison culture
- Prison workers

Experiences

Marcella / Paola

- Supporting participants in telling their life story
- Emotional involvement

Gabriela

- Personality of the facilitator
- Facilitators' support toward healthy relationships between offenders and victims

Experiences Marcella/Paola



Supporting participants in telling their life story:

- preliminary dialogues
- room setting/ mingle participants/cozy environments
- 1 session: self introduction of everybody
- personal stories and needs rather than being goal oriented respecting the individual progress
- story telling of the facilitators as victim and perpetrators
- to facilitate the conversation so that anybody can talk
- leaving them with a positive thought to go back to the cell or home
- suspend the judgments and evaluations by facilitators
- avoid sentences like "It is good to do; you must ..." so not being directional
- follow-up for victims and offenders - individual conversation

Experiences Marcella/Paola

Emotional involvement

- Dialogues and confrontation, debate between facilitators before and after the session
- Listening to the others without interrupting, create empathy
- Emotions regarding the relational aspect and dynamics of the group

Gabriela

- Personality of the facilitator
- Facilitators' support toward healthy relationships between offenders and victims

Questions